



The Top 20 Observations reported by the Parents of Children within the Autistic Spectrum Disorders

The observations listed below have consistently been reported by the parents of children having a diagnosis that places them within the Autistic Spectral Disorders after therapeutic treatments with hyperbaric oxygen.

These observations have been compiled from treatments over last eleven years conducted at a pressure of 1.5 ATA

1. **Activity**: more age appropriate activity (in contrast to true hyperactivity).
2. **Attention Span**: “He/She’s now just ‘with us’ where before he/she wasn’t”.
3. **Awareness**: increased in general.
4. **Bowel function**: better stools, change in frequency, consistency, character of stool; able to potty train fully or more quickly than before.
5. **Conversational language**: more free speech; interjects own words [sounds, babble] as he/she attempts to be part of family or therapy interaction; speech flows more freely; longer sentences at appropriate times.
6. **Eye contact**: improved, turns to the person who is calling or talking; “curious” about eyes and “the meaning” of other’s eyes; holds eye contact longer.
7. **Feelings**: more in touch with his/her own feelings; understands others feelings or expressions; has higher highs and lower lows in a more normal way of being.
8. **Gestures are more appropriate**; better use of body language to communicate wants, needs, and desires; requests that you attend to his/her emotional or physical needs.
9. **Good days**: more, better, or of a different nature and quality than seen by family or reported by school and therapists.
10. **Happier**: a greater general sense of feeling good about his/her self and life in general; demonstrates an attitude that says, “Something about my life is different and better today.”
11. **Hyperactivity**: more (true hyperactivity not to be confused with a child being more age appropriately active).

12. **Opinions:** has his/her own opinions and definitely lets you know what they are more than ever before, e.g. s/he expresses more freely and/or more appropriately his/her likes or dislikes, e.g. “the I don't want to's because I'm happy doing what I'm doing and I have my rights, you know!”, etc.
13. **Independent:** new level of self-assuredness, self-confidence, attempting to do things on his/her own; “self perceived ‘appropriate’ anger or irritation for you not letting him/her do something he/she feels perfectly capable of now doing on his/her own”.
14. **“Presence”:** more involved; more “with it”; seems much more attune to what is happening on a day-to-day basis and in the world around him/her.
15. **Requests:** makes his/her needs known to family, friends, playmates.
16. **Self confidence:** now present for the first time or greater than before treatment; seems proud of himself/herself and his/her accomplishments; wants and/or demands you acknowledge what s/he has done; expects praise and “proudly glows” when it is given.
17. **Sentence structure:** longer; more complete; more complex; better structured; uses adjectives, adverbs, prepositions, pronouns, etc.
18. **Spontaneous speech:** more frequently initiates conversation; talks more without prompting or just echoing or repeating.
19. **Verbalization or vocalization** increasing and/or more appropriate, "babbling" increasing; more sounds being made or attempted.
20. **Vocabulary:** knows more words ; knows words no one ever taught; you find yourself “surprised” that s/he said such-and-such; vocabulary is used more appropriately

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